Seminar Center for Psychotherapy
Prof. Dr. Franz Ruppert
Englmannstr. 2, 81673 München

Link for **Englmannstraße**: www.g.co/maps/348tg

1. For public transport to the seminar center see www.mvv-muenchen.de/.
The Seminar Center for Psychotherapy in Munich is well accessible with Underground, Tramway, Bus and S-Bahn from Munich Central Station (30 minutes) und Ostbahnhof (15 minutes).

1. **From Munich Central Station** take **U 2** direction Messestadt Ost, get off station **Josephsburgstraße**, take the subway exit to Kreillerstraße walk to the left 300m until Baumkirchnerstraße, cross Kreillerstraße and walk 300 m until Neumarkterstraße, walk left 250 m until to the left you will arrive at Englmannstr. 2, second floor.

2. **Traumway Nr. 21** from Central station North to direction **St.Veitstrasse** stop **Baumkirchnerstr**aße (time from main station: 30 minutes; time from Ostbahnhof 5 minutes) then walking distance to Englmannstraße 6 minutes) www.g.co/maps/yrzgx

3. **S-Bahn lines S2 Erding, S4 Grafing** or **S6 Zorneding** until **station Berg am Laim;** takes 15 minutes from Munich Central station, walking distance from S-Bahn Berg am Laim to Englmannstraße 10 minutes or with bus 146 (direction Ostbahnhof) 2 minutes until stop Neumarkterstrasse.

4. **Bus 190 and 191** from Ostbahnhof, takes 7 minutes to stop Neumarkterstrasse directly aside to the seminar centre. Bus starts from Ostbahnhof on the backside Friedensstrasse every 20 minutes.

2. Coming from Munich Airport
S Bahn Line S 8 Herrsching to Ostbahnhof, then Tramway Nr. 19 or Bus 146. or Taxi (about 8 Euros) (will take altogether 50 minutes from the airport to the seminar center).

3. Coming by car over Mittlerer Ring Ost and Leuchtenbergring**,** there are parking places on the street.

4. Hotels close by the Seminar Center

- **Holiday Inn Express**, Neumarkter Straße 85, 81673 München, www.holidayinnexpress.com, +49 (0)89 954 686 33, walking distance to my practice one minute.
  Central Hotel-Apart München, Josephsburgstr. 26, Berg am Laim, 81673 München, www.centralhotelapart.de; Tel+49 (0)89 435 49 30 – 0; Telefax +49 (0)89 435 49 30 – 30; info@centralhotelapart.de; www.centralhotelapart.de, you will get a price reduction when you refer to my name, walking distance to my practice 15 minutes.

- **Ibis Hotel** Berg-am-Laim-Str. 125 (walking distance appr. 12 minutes) **http://www.ibis.com/de/hotel-9069-ibis-muenchen-city-ost-opening-june-2015/index.shtml,** You will get best price condition, when you refer to my name.

- **Motel One München City Ost**, Orleansstr. 87; 81667 München
  Tel. 0049 89 59 97 64 90 (Tramway 19 in front of the hotel) muenchen-ost@motel-one.com
  www.motel-one.com/de/hotels/hotels-muenchen/hotel-muenchen-city-ost.html

- **East Park Apartments** Tel 0049 89 4392337 www.eastpark-apartments.com/munich-east-apart.html

- For visitors with a car:
  Hotel NH München Neue Messe; Eggenfeldener Strasse 100, 81929 München
  0049 89 993450**;** www.nh-hotels.de/nh/de/hotels/deutschland/munchen/nh-muenchen-neue-messe.html
- **Comfort Hotel München Ost;** Kronstadter Straße 12, München, Tel 0049 89 5997630
  http://www.choicehotels.de/en/comfort-hotel-ge185?promo=gglocal

5. Private rooms

- Christa Goretzki, Praschlerstr. 50, Tel. 089/43519500, Email: Klostergarten@freenet.de
- Britta Tschorn, Neumarkter Str. 82, 81673 München, 089 435 890 63, 0174 412 46 00, only a few minutes to the practice tschorn@hfiprojekt.de