

5th International Congress

What do I want: To live or to survive?

**Exiting our Trauma
Biography with IoPT and
the Intention Method**

**Main Speakers:
Prof. Dr. Joachim Bauer
Prof. Dr. Gerald Hüther
Dr. Hans-Joachim Maaz
Prof. Dr. Franz Ruppert**

**16. – 18. October 2020
in Munich**

Holiday Inn Munich
City Centre am Gasteig
Hochstrasse 3
81669 München

The Congress

- **Inspiring lectures**
- **40 workshops to show Identity oriented Psychotraumatheapy (IoPT) in practice**
- **Presentation of empirical research**
- **Discussions in the plenum**
- **Congress party**

Organizer of the Congress

Association for Promoting Healthy Human Autonomy e.V.

www.healthy-autonomy.de

Fee

390 Euro

Questions about booking

detlev.blechner@gesunde-autonomie.de

Questions about organisation

D. Strauß: kontakt@praxis-ich-entwicklung.de

Book on the topic of the Congress

Franz Ruppert (2019). Who am I in a traumatised and traumatising Society? Steyning, UK, Green Balloon Publishing.

We will be happy to meet you at our Congress in Munich!

Prof. Dr. Franz Ruppert,
Chairman of the Association