

Who am I and what do I want?

Therapeutic Work with Prof. Franz Ruppert, based on the Identity Oriented Psychotrauma Theory (IOPT)



Who am I? What do I want for my life? These are central questions for every human being. To answer these questions, each person needs a good contact with themselves that develops in the encounter with others. In order to survive, the person is subject to the demands and supposed expectations of the outside.

Franz Ruppert has developed a method that allows both a diagnosis of the current personal situation and enables transformation steps in a direction that heals. With the method of Intention, based on his theory of psychic trauma, this work can succeed.

The online workshop will take place on Monday, July 13th, 2020, lasting six hours.

Lisbon, Luanda: 13:00-19:00 hours, Munich, Maputo: 14:00-20:00 hours, Brasília: 09:00-15:00 hours, Cuiabá: 08:00-14:00 hours

Languages are English and Portuguese.

Franz Ruppert has been a professor of Psychology at the Catholic University of Munich since 1992, with a doctorate in Organizational Psychology. He has developed his approach since 1994. He is the author of ten books, most of them have been translated into English. Please have a look at his website <https://www.franz-ruppert.de/de/england>.

In this workshop personal work of some of the participants will be carried out, allowing a deepening of the theme of the person. The places for these works are allocated by lot during the workshop. All participants can be chosen as representatives/ "resonantes".

For more information and registration please use this link:

<https://elopage.com/s/ThomasRiepenhausen/terapia-psicotrauma-segunda-feira-13-julho-2020>

CONDITIONS OF PARTICIPATION

Please note that participants have to agree to the first two items of this list on the online platform.

- ☐ I declare that I am in physical and mental health conditions that allow me to participate in this psychotherapy workshop.
- ☐ The person registered must be the same person who participates in the workshop, and whose name is visible on the zoom platform. I agree to respect the confidentiality of the experiences that will be shared in this workshop. I respect that audio or video recording is not allowed. I understand that during this workshop I have to be alone and in a private place, without interference from other people or noise. Apart from myself, under no circumstances should anyone hear or see the session. During the workshop, my mobile/cell phone will be turned off.
- ☐ Places for personal work are allocated by lot during the workshop. I want to apply for a spot.
- ☐ I agree that my email address can be in Prof. Franz Ruppert's Portuguese language workshops database.

If you have any questions, please do not hesitate to contact the organiser Thomas Riepenhausen by one of these means:
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